

Herb Heads

Cut a 4 pint milk bottle in half and pierce a hole in the cap. (You might need to ask an adult to help you).

Make the handle the nose and decorate to look like you or a fantasy person or princess.

Use old cut up socks to make hair, or an old scarf or pair of earrings to make a hair band. Let your imagination flow!

Plant seeds or a plant to make hair.

Stuck for ideas... lots of pictures online or on Pinterest. The pictures below are from Diane's work balcony garden competition.



Bottle Elephants

Travel to the plains of Africa or India with these cute elephants!

Time
10-20 minutes

You need

- Two- or four-pint plastic milk bottle for each Rainbow
- Scissors
- Craft materials to decorate - eg wool. Squares of fabric, stickers, newspaper
- Joggle eyes
- Glue

Note: This activity will need quite a bit of preparation. Steps one, two and three need to be completed by an adult or a Young Leader before the Rainbow meeting.

Here's How

1. Cut the bottom off each milk bottle, as shown by the dotted line in the diagram below.
2. Cut about 1cm off the handle to make the trunk.
3. Cut small arch shapes in the middle of each of the sides to create legs. Make sure there are no sharp edges on the bottles.
4. Allow the girls to decorate the elephants as they wish. They could use stickers, fabric or papier mâché (non permanent pens will rub off the plastic.) Cover the lid at the top with a square piece of fabric or coloured paper to make a seat.
5. Add joggle eyes, ears and tails to complete the elephants.

